



# **Stress-Busting Program for Family Caregivers**

## **New Jersey Contact List**

### **STATEWIDE**

#### **Horizon NJ Health**

Contact: Moraima Diaz, 609-480-4494 or [Moraima\\_Diaz@horizonblue.com](mailto:Moraima_Diaz@horizonblue.com)

Lisa Barnes, 973-803-1843 or [lisa\\_barnes@horizonblue.com](mailto:lisa_barnes@horizonblue.com)

#### **NJ Department of Human Services, Division of Aging Services**

Contact: Andrew Biederman, 609-438-4797 or [Andrew.Biederman@dhs.nj.gov](mailto:Andrew.Biederman@dhs.nj.gov)

Heather Taylor, 609-438-4798 or [Heather.Taylor@dhs.nj.gov](mailto:Heather.Taylor@dhs.nj.gov)

### **CAMDEN**

#### **Camden County Department of Health and Human Services**

Contact: Erin Small-Gabriel, 856-374-2582

### **GLOUCESTER**

#### **Gloucester County Senior Services**

Contact: Pat Raggio or Paula Settari, 856-468-1742

### **MORRIS**

#### **NORWESCAP**

Contact: Lanet Harvey Rivera, 973-784-4900 x2908

### **SALEM**

#### **Salem County Office on Aging and Disabilities**

Contact: Michele Drummond or Serena Reed, 856-339-8622

### **SUSSEX**

#### **Sussex County Division of Senior Services**

Contact: Lorraine Hentz, 973-579-0555 x1226

## **UNION**

### **Catholic Charities of the Archdiocese of Newark**

Contact: Margaret McGroary, 908-497-4011 or Joan O'Connell, 201-259-9139

*For more information or additional help about finding a caregiver workshop or trainings in your area, please contact the New Jersey Division of Aging Services at 609-438-4798 or 4797.*